



The Church on the Cape Newsletter



Pastor's Letter

Dear family and friends of Church on the Cape; I love tacos. It has multiple different flavors mixed together with both warm and cold ingredients, and hard and soft textures. I had tacos many times but still didn't learn a way to eat a taco with one napkin or without getting my hands and face messy. Especially if it's a hard shell, at my first bite, it breaks in multiple different ways. So there is sour cream on left side of my mouth, guacamole the right, and salsa oozing out from the bottom. Then I wonder why I wanted taco. I should have gone to somewhere else and ordered something else... like a bento box, something I can eat neatly without getting my hands messy. But my reason for going to a Mexican restaurant and ordering tacos is pretty straightforward. It's so good and I love it.

Many Christians want their church to be like a bento box—neatly organized, with good sense of boundaries, clarity, not much mess to clean up afterwards, easy to work with etc. But in reality, more often than not we learn that the churches, like any entities and organizations in the world, are like tacos—different stuff mixed together, not a lot of clarity and boundaries, and we get our hands messy and need lots of napkins. As we live as Christians and work on behalf of Jesus, we all have a good intention but different approaches, ideas, styles and perspectives. Some may focus on details and others on the big picture. Some may need to plan ahead of time and others may be confident working at the last minute. Some may work well in a neatly organized setting and others may need flexibility to work well. Some may focus more on people and relationship and others may on the tasks and getting them done. Some may work well with a messy situation and others rather not handle a mess. Some may have a clear sense of boundaries, and others may have

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a different understanding of boundaries. Truth is not one approach is better or more correct than the other. And the same is true that no one has all the qualities and that's why we need one another. Like the colors and sizes of the leaves in fall, we all are very different and carry the image of God our Creator blessed us with.

What brings us together then? What makes us stay the course? What motivates us to keep making the commitment to God through the church? I believe, the answer may be the same as why I ordered tacos. Even though it's messy, it's time consuming, needs a lot of napkins to clean up the mess, we do love God and we do love the church. Love is our motivation and intention of all we do. And because of the love, we want to be part of the solution not part of the problems. Because of the love, we want to be part of the order of God not part of the chaos. Because of the love we want to be part of God's light not part of the darkness. The focus of our ministry may be different but our purpose is the same. The position on some issues in the church may be different but we do have the shared interest—to become a beloved community of God. We do believe God's kingdom is revealed through Church on the Cape.

God is in a mess, turning chaos to order. Christ is born in a mess, turning darkness to light. Holy Spirit still works in a mess, turning us to be the disciples of Jesus Christ. The kingdom of God is found in a mess because that's where God, the Creator, Redeemer and Sanctifier is. May we also be there as God's instruments.

May God richly bless you as you continue to love and live in the Spirit of God.

In peace,
Ho-Soon

Pray and Paddle

Come join us for a mindful and contemplative paddling by kayak launching from Nancy Viehmann's house on Cape Porpoise on the following dates.

September 8th at 4 pm
September 15th at 10 am
September 22nd at 4 pm
September 29th at 10 am

During this hour and half paddling, we in a group of five will pray, practice mindfulness, enjoy the beauty and connect deeply with God. Equipment will be provided but you are welcome to bring your own. Contact church office for any questions or to sign up. A big thanks to Nancy for making this program possible!

Church Family Matters

Thank you all for sharing your inspirational message with the congregation! Please continue to share what you are doing to stay close to God and be grounded in the love of Christ in these unusual days.

--It can be as simple as sending an email with your greeting to say "Hello" to our beloved Church on the Cape family to pass on your good wishes.

--It can be a short message with a picture of something at home or elsewhere or with a short video clip of the beach you walked or sunrise you saw.

--It can be a brief reflection on "What scripture you remember when things are hard" or "What you say to yourself when things are hard"

Please email at webmaster@churchonthecape.org. In this time that we miss seeing and feeling close to one another, I hope this will keep us connected and inspire us with the wisdom that God's goodness is still with us.

Adult Book Study

There will be 3 session study on "Three Simple Rules—A Wesleyan Way of Living," by Reuben P. Job on **Mondays, September 28, October**

12 and 26 at 7 p.m. Contact church office to sign up.

Full Moon Labyrinth Walk

There will be a labyrinth walk on the nights of full Moon—**September 2nd at 7:30 p.m., October 1st at 7 p.m.** at Conservation Trust. A labyrinth is circular, or spiral in shape, with a single, circuitous path that leads into – and out of – the center. Labyrinth walking is a simple process: a person walks on the spiral path that leads from the outside of the labyrinth to the center, and then back out on the same path, which allows the walker to focus on prayerful and mindful walking. Labyrinth walking is a practice used globally for meditation, prayer and healing. Contact church office for any questions or to sign up. A big thanks to Conservation Trust for allowing us to use their labyrinth!



Greetings from Linda and Derek Brock

Dear Pastor Ho-Soon and church family, Derek and I miss being there this summer, but felt it best that we didn't travel. We are happy that we can continue to feel touched by you and the church via the internet. We are doing fine and keeping safe. We pray for everyone's good health. Bless you all!

With lots of love and hugs, Linda and Derek

September Lectionary Readings

September 6:

14th Sunday after Pentecost

Exodus 12:1-14

Psalms 149

Romans 13:8-14

Matthew 18:15-20

September 13:

15th Sunday after Pentecost

Exodus 14:19-31

Psalms 114

Romans 14:1-12

Matthew 18:21-35

September 20:

16th Sunday after Pentecost

Exodus 16:2-15

Psalms 105:1-6, 37-45

Philippians 1:21-30

Matthew 20:1-16

September 27:

17th Sunday after Pentecost

Exodus 17:1-7

Psalms 78:1-4, 12-16

Philippians 2:1-13

Matthew 21:23-32

Special Notices

MARK THALLANDER CDs

Church on the Cape has a limited supply of Mark Thallander's music CD entitled "My Journey of Faith". If you would like one, please call or email the church office to reserve one. The cost of \$20 will benefit the Mark Thallander Foundation.

FLOWERS FROM GARDEN TO SANCTUARY

During the summer you are invited to bring flowers from your garden for display at Sunday worship service. You may drop them off on Thursday during office hours.

WEEKLY "PICNIC THURSDAY"

You are invited to a weekly "Picnic Thursday" at Church on the Cape. We'll gather on the lawn every Thursday at noon throughout the summer. Bring your own lunch, blanket and/or beach chair and join in the fellowship and fun. There is space for 15 picnickers each week. To reserve your spot, please call or text Wendy Emmons at 207-710-3069.

EMAIL UPDATE

Please make note:

Over the coming weeks the office email address will transition back to the original email of

office@churchonthecape.org

The current office email address (churchonthecapeumc@gmail.com) will remain active through the month of August.

Special Dates

- Labor Day, September 7, 2020
- Patriot Day, September 11, 2020
- National Grandparents Day, September 13, 2020
- Hispanic Heritage Month, Sept. 15-Oct. 15, 2020
- First day of autumn, September 22, 2020

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Dear Church Family

The kids and I have been raising butterflies the past two weeks. We find the caterpillars on the milkweed that grows near our vegetable garden, they turn into a chrysalis and out hatches beautiful butterflies.

This week, we have released 6 monarchs. The kids wanted me to share this story and photo with you, enjoy!

Love,
Heidi, Jacksen and Isla Phillips



How do we know it's God?

"Ask the Children," August 23, 2020

By Carol Nason

Good morning to all the young, and young at heart. A special hello to Henry and Olivia, Jacksen and Isla, Adriana, and Kinley. I hope you are all well. Thank you Jacksen and Isla for your lovely greeting, for showing us your

magnificent gardens, and for your message to all of us. It is so wonderful to see your beautiful faces. Thank you, Heidi, for making this video to share with all of us.

The question for today is How do we know when God is talking to us? How do we feel God in our lives? How do we know it's God? Jacksen feels God's presence when he finds a piece of sea glass, as noted in the video, and Isla feels God when she sees a beautiful shell. When my youngest daughter was quite small, she'd see a rainbow and say "that's God telling me everything will be OK", and as a young child, it usually was.

So sometimes we feel God in our lives with little things around us, a piece of sea glass, a shell, a rainbow. Sometimes I feel God's love when I see two very old people walking down the road holding hands. But how do we know all of that is God? Maybe it's just a shell, just hand holding, just a rainbow, just a pretty piece of sea glass.

My answer is – we don't know, for sure, that that's God. But when a warm feeling of love fills us, I feel quite certain that at that moment, that warm feeling is God. Have you ever had a nudge inside of you, a strong feeling that you should do something? I think that is God pulling us or pushing us - maybe to stop and visit someone we didn't think we had time to visit, take brownies to a friend who is feeling sad, call a grandparent because they live alone and might be lonely... those little pushes and pulls inside of us might be God calling to us.

So whether we see things that remind us that God is always with us like sea glass and shells, or whether we see signs of God's love like watching two people walk down the street holding hands, or whether we feel a pull to do something nice for another person, we know that all of those things just might be God reaching out to us. Our job is to keep our eyes and ears and hearts wide open for God, so we don't miss Him!

Let us pray:

Dear God, thank you for being right there, all the time. Sometimes we know it's you, sometimes we don't. Help us to keep our eyes and ears and hearts wide open so we don't miss you when you call to us.

Church Technology Tales

Every week we learn something new about technology and the best way to provide our church family with a sense of connection to each other and to Christ.

Christ is and always will be at the center of what we do with His gift of technology. Each month, the Communications Team will provide you with helpful insights to improve your at-home worship experience.

A note about Sunday, August 23rd: the church's internet connection dropped at the very end of the broadcast, cutting Janice's postlude short. It was a Spectrum service issue and we are looking into other options for internet service.

September Tech Tale: The need for speed

Internet speed is a crucial part of the live stream and Zoom meeting picture. The connection that comes into your home can have a significant impact on the quality of the audio and video you hear and see. You may experience no problems sending emails, surfing the web, and shopping online.

But videos, live meetings, and live stream events demand more "horsepower" than those common activities. Internet service can also be unstable at times, fluctuating between a strong and weak signal, causing your live stream or meeting to stutter or seem choppy. Unfortunately, the internet does not run at the same consistency that our good old reliable TV broadcast has taught us to expect.

One solution would be to upgrade to a faster internet connection if your need warrants, which should improve overall quality.

Need help? Have questions? Please call the church office and leave a message with Sue or send an email to webmaster@churchonthecape.org.

By Susan Baracco

Finance Report - July 2020

July income slightly exceeded expenditures resulting in a small positive net balance for the month. Year to date (July 31) totals show donations falling behind expenditures leaving the period with a negative balance of \$19,168.96.

July income to budget:	\$22,904.55
Expenditures from budget:	\$22,460.64
Net:	\$443.91

January - July income:	\$153,188.86
Expenditures from budget:	\$172,357.82
Net:	(19,168.96)

Donations for the month of August so far are down significantly compared to the previous seven months. It is far too early to know if this is a trend or just a one-time bump in the road.

Covid 19 has knocked most of us out of our normal routines. That includes the way we give our offerings to the church. To that end, we are trying to make it as easy as possible for you to send your donations in and in a way that works best for you. We suggest one of the following: direct mail, hand deliver to the church during office hours (see the web site), direct bank deposit, PayPal. We are working on other possibilities and will announce them as developed.

We do still have many financial obligations that the Finance Committee needs to meet in a timely manner. We respectfully encourage our church family, if able, to please continue with your giving as you have in the past.

Thank you all for your faithful financial support of God's work in our community and in faraway lands.

Doug Coleman
Chairman, Finance Committee

HISTORY HAPPENINGS
from your
History and Records Committee
Statement of Purpose

“To Remember the Past, Celebrate the Present, and Inspire the Future”

On the morning of August 25 Charles “Chip” Howarth was met at the church by Pastor Ho-Soon and members of the committee! This was a special occasion because Chip was delivering 8 of his special Amish-style hangers. He constructed 12 earlier this year. Now 20 hangers are prepared for the buoys of recent lobstermen. These were made as a gift to the church in memory of his grandmother, Virginia Bradbury, who was a beloved member of the church for many years. The hangers will be mounted with those made and installed in 1995 by the late Carl Bartlett. The committee expressed gratitude by presenting Mr. Howarth with a Hibiscus plant.

The Committee was pleased to receive the hangers as it prepares for the September 20 Homecoming Sunday. This service will commemorate the first “Hanging of the Buoys” that took place on September 24, 1995. We will remember the past and celebrate the present as we continue to recognize the bond that exists between Church on the Cape and the community it serves. We will “inspire” the future by hanging the buoy of the youngest lobsterman.

On that day the church will also give thanks to God for the faithfulness of its long-time members. We will be recognizing Marie Campbell for her 64 years of membership.

Ann Nelson, Church Historian
for the Committee



Beryl Samia, Ann Nelson, David Sandtorv, and Lillian Bartlett

Left photo beginning on left: Charles “Chip” Howarth, Ann Nelson, Lillian Bartlett, David Sandtorv, and Beryl Samia.

The Church on the Cape Brief History

Original Church Building

Our beautiful church building without its steeple and subsequent additions got its start in the summer of 1856 when the church trustees authorized borrowing \$400 from James Huff to purchase the building lot and some lumber from George Wakefield.

The church building was completed shortly thereafter in 1857, without the steeple at a total cost of \$1,500, and is shown in the photo below.



The church, according to Perkin's "Notes on the History of the Village of Cape Porpoise and Its Houses," was dedicated to a full house and was without debt.

The church sat between two adjacent buildings as shown on a portion of the Cape Porpoise Village map in the next column. To the North was the E. B. Huff's store and to the South the home of George Ward. Our church is shown as "M.E. Ch" for what was then the Methodist Episcopal Church reflecting, as noted by our Church Historian, Ann Nelson, John Wesley's goal of not separating from the Episcopal Church in England. The two adjacent buildings were later razed, and the land they occupied was purchased/donated at later dates to make room for four subsequent additions to the church.

Portion of an 1872 Map of Cape Porpoise Village



1. Steeple and Bell Addition

Cape Porpoise continued to grow and after some time, a vestry was added to the church in 1898. A steeple with bell, and room for the clock, as shown in the photo below, was the first major addition and built in 1902.



Steeple Bell

The steeple addition housed a new entrance and small receiving room with rope operatives for the bell along with an upper area where the church bell was located, and a clock that was to be added later. The bell was first rung in 1902.



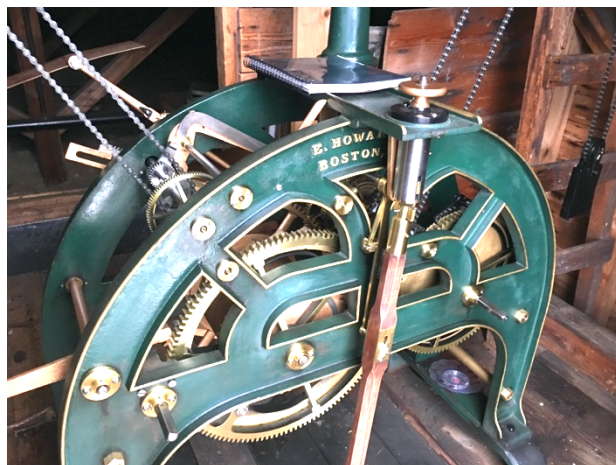
Steeple Clock

A clock was subsequently added to the steeple in 1910 at a cost of \$660 in part from a donation from Frank Allen, and others. Adrien Baracco who takes care of the clock notes: The clock in the tower is a mechanical clock. It works similar to a grandfather clock that is run by weights, gears, and a pendulum to keep time.

The gears activate a mechanism to ring the bell every hour on the hour. The bell rings once at 1 o'clock, twice at 2 o'clock, three times at 3 o'clock, etc.

Temperature, humidity, etc. can cause the clock to run fast or slow. There is a dial to speed the clock up, or slow it down. I usually check it three times a week and adjust accordingly. My goal is to have the clock ring as close to the hour as I can. At one time, someone would have to go up and manually crank the weights back up. The weights are now raised by an electric

motor. Twice a year a professional clock technician comes in and does maintenance.



For many years, Terry Moulton took care of the clock and made sure it rang the bell on time

2. The Ladies Parlor Addition

The adjoining land to the North, or the Huff's store, was purchased by the church in September 1956, from the heirs of Arthur Nunan. This was the site for the second major addition to the church that provided a large "Ladies Parlor" on the first floor, and Sunday School classrooms on the second. The addition was completed in 1960.

During Reverend Ruth Merriam's service as pastor, the name of this addition was changed to "Parlor of Peace," as noted by Church Historian, Ann Nelson, and is used by several groups, and as a chapel with closed-circuit television for attendance overflow at Sunday Worship and funerals.

3. Reverend Treadwell Wing

Moving forward in time to Reverend Sherwood Treadwell's (1932-2010) pastoral service from 1993 to 1999, The Church on the Cape under his leadership entered a period of renewed growth as noted by Bill Lord in an early church newsletter: "I so remember Sherwood's early sermons, the hope he instilled in all of us when our little church was in need of a loving touch. He never said it would be easy, just let's work together and like a flower it will grow. Like a

dream come true for all of us in Cape Porpoise, it did just that.”

The Treadwell Wing - so named to honor Pastor Treadwell – began just after a year of his service and reflected his passion for growing the church. He noted in an earlier church newsletter: “You can do so much when people believe it can be done.” “Sherwood was someone who allowed people to believe in themselves, who guided others to be more, do more themselves, achieve more.” The addition was completed in 1995. It included offices for secretary and pastor, and the Cargo Shop where donated items are sold to help defray church costs.

A plaque in the church hall reads:

Treadwell Wing

This portion of the church building completed in 1995 is dedicated to The Rev. Sherwood A. Treadwell for his dedication and leadership to the people of The Church on the Cape.

November 4, 2001

To further help defray the addition cost, a considerable sum was donated by members and friends whose names are shown on the plaque below that hangs in the hall at church.



The Church Bulletin of April 23, 1995, when Reverend Treadwell was Pastor and Keith McClelland Organist, makes note of “moving into the new wing for a brief service of consecration.” Mention is also made of “Anne

Thompson who designed our new bulletin cover.”

4. The Carl G. Bartlett Fellowship Hall Addition

Continued growth resulted in construction of the Carl G. Bartlett Fellowship Hall, or what we refer to as Bartlett Hall that was constructed in 2007. Alice Bruton writes: There was a great deal of conversation at church council as to whether or not to spend the money to build the addition. The Trustees had received a sizeable bequest at that time. In building Bartlett Hall, some of the Treadwell addition was dismantled in order to merge the two additions.

Bartlett Hall, completed in 2007, included many improvements. A huge fellowship hall was added with many windows plus a beautiful “Angel of Hope” stained-glass window donated by Bill and Annie Hidell, an adjoining full kitchen, and an elevator to the second-floor space now used by the choir, the History and Records Room, and Sunday School. A fire escape was also provided.

Carl Bartlett, (1917-2007) for whom the fourth addition is named, was a tireless fundraiser for the church. As noted by Pastor Treadwell regarding the Treadwell Wing – “He’s done it all and then some and is always ready for more, whether in the classroom or running the hardware store. He has been ever faithful to his calling as a teacher, though I have to tell you friend, he sometimes sounds more like a preacher. His frequent appeals for money are served with honey and finesse. He persists until you break down and say, what else but, ‘Yes.’”

Stained-Glass Windows

For an excellent article on the church’s beautiful stained-glass windows, written by Judy Oppert, please go to the church’s website at: churchonthecape.org/stained-glass-windows.

Original Church Sanctuary

For an informative article on the original church sanctuary, please refer to: churchonthecape.org/newsletters, then June 2020.

Although not a structure, another important part of The Church on the Cape is Cape Green – the large open space on the South side of the church - that houses the Treadwell Meditation Garden. A boulder near the sidewalk of the church shows a commemorate plaque that reads”

CAPE GREEN
DEDICATED TO
THE SEAFARING MEN OF CAPE
PORPOISE
DONOR
FRANCIS ZECCHINI



Francis Zecchini, as noted by Tom Bradbury, donated the money to the church for purchase of the land, and is the father of the late Mary Bryant.

Treadwell Meditation Garden

The Treadwell Meditation Garden, lies in a quiet space at the back of the Green near the balcony of Bartlett Hall. The Garden was a dream of Reverend Treadwell, and is a beautiful place for meditation.

As the photos on the next column show, it is an inviting, delightful, and meditative respite that is beautifully maintained by Beth Doty and Jean Moulton.



Church Parking Area

Tom Bradbury writes: "recognizing the lack of church parking and the need to establish as many spaces of our own as possible, the church negotiated an agreement with Stedman Seavey, owner of Bradbury Bros. Market, to purchase a portion of his lot behind the store and worked out usage agreements of mutual benefit."

For more information on the Meditation Garden, please refer to: churchonthecape.org/newsletters, then July, 2020.

The second part of this article will appear in the next church newsletter.

The Church on the Cape A United Methodist Church

We of The Church on the Cape represent various religious and cultural backgrounds and life styles. We are young, old, and middle aged, single, married, widowed, divorced, parents, grandparents, and members of extended families. Above all, we are people who take risk, make mistakes, confess, repent and try again.

At the center of our community is Jesus the Christ whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community, or just passing through; we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; you are among persons like yourself.

Join us from wherever you call home. If you like what you see here, we post our sermons and worship music via our website, www.churchonthecape.org.

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