



# The Church on the Cape Newsletter



## Pastor's Letter

October 2020

Dear family and friends of Church on the Cape,

As we read the gospels we find Jesus asking the disciples to do some things that seem to be impossible. He sent them out to use the power to cure the sick and cast out demons. When they only had five loaves and two fish, he asked them to feed five thousand. When Peter wanted to walk on the water, he asked him to come out and walk. He asked them to order a mountain to move then it will be moved, if they had faith size of a mustard seed. These all sound impossible and if he asked us to do it, our faith may have been tested just as theirs. Then I witness that things I once thought impossible happening around us too. Personally, it seemed impossible for me to pay for my three sons' college educations but I trusted that God will provide. And I experienced one miracle after another. Something that looked too big and impossible was proven to be possible when we trust God.

The pandemic created something that looked bigger than we could handle. Having the church run and maintaining the connection as a church family without Sunday worship services seemed to be an impossible task. However, we pulled ourselves together trusting God and each other. Faith was what kept us together. And considering all the obstacles we had, it has been meaningful and fruitful journey as a church family. It has brought us together with the same purpose in mind to continue to worship God and serve God's people. We now know how the seventy miracle workers sent by Jesus felt as they came back praising God for what they witnessed.

We still have many tasks that seem to be too big and impossible. For our church, discerning where God is leading us individually and collectively, growing in number and finance so that we can continue to do what we are truly called to do—to expand the Kingdom of God on earth. For our community and world, feeding the hungry, nurturing and guiding young people, supporting struggling parents, protecting powerless from abuse and violence, comforting the broken hearted, bringing peace and justice to the world of war and conflict, prejudice and intolerance... We can be easily overwhelmed.

However, our faith and what we have witnessed makes us believe that there is nothing, absolutely nothing too big and impossible for those who trust God and God's power especially when their hearts are in the right place. As we enter into the season of Stewardship, I hope that you would be filled with gratitude for God's blessing for you and your loved ones. And with that gratitude and blessings in mind I pray that you would consider supporting your church to grow through your commitment of prayer, presence, gifts, service and witness. With God's grace and your commitment, we will continue to heal the sick, cast out the forces that bind people from being free and whole, feed the hungry, walk on the water, and move a mountain, because these are the reasons of why we are here at Church on the Cape, to fulfill the mission and ministry of Christ for the glory of God.

May God continue to richly bless you and fill you with the Holy Spirit!

In peace,  
Ho-Soon

## Special Events and Notices

### All Saints Sunday

On All Saints Sunday, **November 1st**, we will recognize and honor those who passed away since November 2019. Please sign up and send a picture of your loved one to the office. It will be projected when s/he is honored during the service.

### Adult Book Study

There will be 4 weeks of book study on "Being Mortal—Illness, Medicine and What Matters in the End" by Atul Gawande, M.D. *"Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified."* The study will begin in November and dates and times are TBD. Contact the church office to sign up.

### Letter from the Director of Camp Mechuwana

Right now, Mechuwana is facing its most serious financial challenge ever, but we are choosing to face this challenge and come out the other side stronger and more secure.

Our goal is to have 100 families/individuals become monthly donors to help save this ministry financially for the short-term, and to secure it for the generations to come. Please consider joining our new monthly giving program today. Mechuwana is counting on us!

The financial implications for Mechuwana during the pandemic are very serious. We lost all our income for the spring, summer, and fall, and we have no idea how much we will lose in 2021. It is likely we could lose more than \$500,000 in revenue before summer 2021. The financial survival of Mechuwana is at stake. We must

move quickly in order to ensure that Mechuwana is here for generations to come. Thank you to those who have already become monthly donors. We are 25% of the way to our goal thanks to you!

You can become a monthly donor through SimpleGive (our new online giving platform), PayPal, or by sending in a check each month, for as little as \$5 per month or as much as \$100 or more per month. Please choose the level at which you feel most comfortable.

We hope you'll help us reach our goal of 100 monthly donors to help sustain Mechuwana for the months and years ahead. Thank you!

God bless,  
Norman Thombs, Camp Director

### ADULT BOOK STUDY

There will be a 3-session study on "Three Simple Rules - A Wesleyan Way of Living," by Reuben P. Job on **Mondays: October 5, 19 and 26 at 7 PM**. Please contact the church office to register.

### HYMN BOOKS

If you would like an UM Hymnal and/or The Faith We Sing, please contact the office. Arrangements will be made to deliver them to you, or you may pick them up at the church.

### FULL MOON LABYRINTH WALK

There will be a labyrinth walk on the next full moon on October 1st at 7 PM at Conservation Trust. Labyrinth walking is where you walk on a spiral path that leads from the outside of the labyrinth to the center, then back out on the same path, which allows the walker to focus on prayerful and mindful walking. Labyrinth walking is a practice used globally for meditation, prayer, and healing. Contact the church office for any questions or to sign up. A big thanks to the Conservation Trust for allowing us to use their labyrinth!

## ANNUAL CHURCH CONFERENCE

OCTOBER 29<sup>TH</sup>

6 PM, SPRC MEETING WITH THE  
DISTRICT SUPERINTENDENT,  
7 PM, CHURCH CONFERENCE



### Lectionary Readings

#### **October 4:**

*18th Sunday after Pentecost*

Exodus 20:1-4, 7-9, 12-20

Psalms 19

Philippians 3:4b-14

Matthew 21:33-46

#### **October 11:**

*19th Sunday after Pentecost*

Exodus 32:1-4

Psalms 106:1-6, 19-23

Philippians 4:1-9

Matthew 22:1-14

#### **October 18:**

*20th Sunday after Pentecost*

Exodus 33:12-23

Psalms 99

1 Thessalonians 1:1-10

Matthew 22:15-22

#### **October 25:**

*21st Sunday after Pentecost*

Deuteronomy 34:1-12

Psalms 90:1-6, 13-17

1 Thessalonians 2:1-8

Matthew 22:34-46

## Update from the Reopening Team

As you know this group began meeting about three months ago, with the goal of presenting to the Trustees and the Council, plans and dates for safely reopening the church. It will be the Council that makes the final decision on when the church will reopen.

This team has met regularly over the past three months, discussing safety protocols, adequate ventilation, and more, as we follow the CDC news, and the Covid - 19 numbers in our area. At this time, the Reopening Team does not feel comfortable making a recommendation to the Council to reopen the church in October.

We will continue to meet, and explore our options. The safety and well-being of each person that comes into the church, is our number #1 concern. If you have questions or concerns, please contact one of the Reopening Team members. Thank you for your continued prayers. We will keep you updated.

From the Reopening Team:

Pastor Ho—Soon, Susan Baracco, Ron Cadieux, Julie Chase, Wendy Emmons, Diane Hutchins, Mike Kelly, Fran Liatuad, Bob Metcalf, Jean Moulton, and Carol Nason

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## **Leadership Covenant on Disagreement and Conflict**

Concerning disagreements and conflict, we, the leaders of Church on the Cape will follow the guidance that Jesus gives in Matthew 18:15-17: “If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax collector.”

Our objective is to cultivate a healthy and thriving environment for our church. In doing so:

- We will speak directly to the person or committee that an issue concerns. We will direct concerned people to speak directly with the person with whom they have concerns. If people talk with us conflicts about others, we will refer them to resolve the issue directly with the people involved or offer to meet with both of them together or to find them a mediator.
- If a person complains to us about someone else but refuses to directly talk with the person(s) to resolve the problem, we will first listen and then ask what action(s) the person will undertake to resolve the conflicts.
- We will refuse to carry a message from one person or group to another. We will not be part of “pass-through” communication.
- We will refuse to act on nonspecific or anonymous feedback.
- We will not perpetuate rumors. We will insist on an accuracy check on all rumors, by myself or the source of the rumor, by speaking directly with the people involved in the rumor.

We commit to this covenant out of love for each other and our church. As it says in James 1:9, “My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry”.

Adopted by the Church Council on September 21, 2020.



*Dear folks at Church on the Cape.*

*Bob and I send our love and prayers to each and every one. We miss you and wish you good health. In this pandemic we have to remember each other with Christian Love. Just think how much easier it for us than it was during the influenza, the dust bowl, the wars, the depression. Most of us have a home, food, clothing, and enough money to get through this disaster. If we ALL followed the rules and guidelines (Wear a mask, social distancing, and washing our hands) this could end soon. Many are just thinking it's a hoax – but it's real.*

*So...I have decided to be happy – I smile at anyone who is looking at me (I smile with my eyes since they can only see that part of my face). I drop my pledge off at church in the drop box. I watch my tomato plants “show off” their fruit. My flowers are doing well. I am cooking more and eating more. So that's about it. I can't wait to get back in the choir loft and harass the other singers. Also, I love looking out at the congregation and making certain everyone is in their correct seat.*

*Blessings to you all. Elaine Triplett*

## **The History and Records Committee of Church on the Cape**

Purpose: **"Remember the Past, Celebrate the Present, Inspire the Future"**

### **HISTORY IS HAPPENING!**

History was made on Sunday, September 20, at Church on the Cape! The third Sunday in September has been "Homecoming Sunday" for several years. On that occasion members of 20 years or more are recognized. This year Marie Campbell, now residing in Standish, was remembered for her 64 years of faithfulness in her life and prayerful service through the church. She greeted the virtual and very small congregation on-site via video taken by Pastor Ho-Soon Han. There are 68 other full members listed on pages 5 and 6 of this newsletter.

Persons who are 20-year members include: Gail Browning, David Emery, Kim Jarmas, Lynn Sanborn, and David Sandtorv. A 20-year associate member recognized was Robert McLaughlin.

In addition, the 25th Anniversary of the first "Hanging of the Buoys" was commemorated. Included in this was the following: "Today we renew the bond of faith and fellowship that has been part of our life together for generations with the village of Cape Porpoise, the community of the lobstermen, and the wider world." (Offered by the Church Historian, Ann Nelson, in her introduction to the service.) There were 43 original buoys hung in the church's foyer on September 24, 1995, with 9 added later. This month the History and Records Committee guided the hanging of 13 additional buoys; 3 others will soon be delivered. One of the buoys is from the youngest lobsterman, Nathan (Nate) Emmons who is 19 years of age.

The worship service included a video greeting taken by Wendy Emmons. This was from Gary Ridlon who is the senior lobsterman of Cape Porpoise. He and his late wife, Marge, collected and prepared the 1995 buoys for hanging.

The service also incorporated several hymns and readings. The names of the lobstermen were read in the following categories: the lists of the Retirees and Deceased Lobstermen were read by 6th generation lobsterman, Kyle Emmons; the list of the 1995 and 2020 lobstermen was read by Ann Nelson and with that reading, pictures of 6 lobstermen were projected. Kyle Emmons was also one of the speakers during the service. He spoke about the function and colors of buoys and also related his story about starting lobstering at 7 years of age with his father, Michael Emmons. He continued to share about how his lobstering career has progressed. He also brought one of his traps and a buoy to illustrate the children's message.

The buoys-of-the-day were displayed in the sanctuary during the service and were later taken to the foyer where Kyle helped to hang them.

For more than 160 years Church on the Cape has remained "a continuing source of unity and inspiration to the residents and friends of Cape Porpoise." (Tom Bradbury) "We acknowledge the vital role played by our fishermen of the past, present, and into the future. They perpetuate a commitment to the sea, which has been at the heart of this community's life for generations. Church on the Cape is proud to serve as a beacon for seafarers and as a place of spiritual nurture for pilgrims of all walks of life." (October, 1995 Newsletter.)

By Ann Nelson  
Church Historian

(The service may be viewed at [churchonthecape.org](http://churchonthecape.org))



## Persons with 20+ Years of Membership at Church on the Cape



### Marie Campbell (1956—64 Years)

A note from Alice Bruton: "I have very fond memories of Marie. She was always pleasant to talk with and was very active in the women's Evening Group. She taught the "Little Ones" (ages 4-6) for nearly 20 years and always prepared a Rally Day breakfast for the Sunday School. This was a way for everyone to know that they were welcomed. She said, 'if I could help with anything, I would.' She helped with many activities through the years and her baked gifts for the fairs and coffee hour were also welcomed! When she was asked about her faith, she said, 'I always went to Sunday School and Church and have loved God and Jesus all my life. It just came naturally, I guess.' We are inspired by Marie's faith and faithfulness and are honored to recognize her today."

### 63-40 Years

Patty Seavey Hutchins	(63 years)
Peter Alan Wood	(63 years)
Gary Ridlon	(61 years)
Jeanne Bradbury Howarth Moulton	(59 years)
Eleanor Nunan	(59 years)
Joan Emmons	(55 years)
Thomas Bradbury	(54 years)
Stedman Seavey	(54 years)
Jane Anderson	(50 years)
Steve Anderson	(43 years)
Jay Ridlon	(43 years)
Robin Ridlon Orr	(43 years)
Allison Senning	(43 years)
Lillian Bartlett	(41 years)
Laurie Emmons Hatch	(41 years)
Terri Ridlon Stevens	(41 years)

### 37-21 Years

David Hutchins	(37 years)
Deborah Lush	(37 years)
Collette Taylor	(30 years)
Brian Bradbury	(27 years)
Alan Bartlett	(27 years)
Terri Bartlett	(27 years)

**37-21 Years** (cont.)

Alice Bruton	(26 years)
Roy Bruton	(26 years)
Karen Dombrowski	(26 years)
Scott Dombrowski	(26 years)
Wendy Emmons	(26 years)
Michael Emmons	(26 years)
Betsy Seavey	(26 years)
Julie Hutchins	(24 years)
Lorraine Hutchins	(24 years)
James Rooney	(24 years)
Kate Eaton	(24 years)
Duane Bunker	(23 years)
Holly Fairfield	(23 years)
Brett LaCour	(23 years)
Stacy Bradbury Link	(23 years)
Benjamin Nest	(23 years)
Diane Connelly	(23 years)
Scott Eaton	(23 years)
Leon Lovejoy	(23 years)
Ruth Ann Lovejoy	(23 years)
Debbi Lord	(23 years)
William Lord	(23 years)
Bruce Schmidt	(23 years)
Jill Schmidt	(23 years)
Sharon Perkins	(23 years)
Lisa Preble	(23 years)
Carolyn Southwick	(23 years)
William Southwick	(23 years)
Carol Brown	(22 years)
Harvey Wells	(22 years)
James Lennon	(22 years)
Cynthia Domine	(21 years)
Robert Domine	(21 years)
Ann Hand	(21 years)
Jeff Hand	(21 years)
Charles Hesson	(21 years)
Cynthia Hesson	(21 years)
Cynthia Nickel	(21 Years)
Donna Rooney	(21 years)
Elaine Triplett	(21 years)

**20 Years**

Gail Browning	Robert McLaughlin (AM)
David Emery	Lynn Sanborn
Kim Jarmas	David Sandtorv



## Tribute to Marie Campbell



Participants: Kyle Emmons, Beryl Samia, Lillian Bartlett, and Ann Nelson



## News from Our Younger Generation

### Gelardi News from Kendra:

Hello to Church on the Cape. We are excited to share that we are expecting our second child in March. Adriana is very excited to be a big sister. We have been enjoying this beautiful fall weather, working at my daycare, and fishing and relaxing on our weekends. We are feeling very blessed. Hope all is well with all of you! We miss our church family and look forward to a time when we are together again.

Love from the Gelardi Family



### Kading News From Amy:

We are well! I can't believe Kinley is going to be two soon, and I can't believe it's been a year since she was baptized!

Kinley's days are filled with reading lots of books, playing with her pets (Daisy the dog and Luna the cat), dressing up, exploring the beach, and more recently, conquering the slide at the playground. Kinley is also learning new words by the minute! As a family we have tried to spend as much time outside as possible in between hectic work schedules. We are

grateful for our health, but we sure miss both our families that are far away and our church family!

Love from the Kading Family



### Phillips News From Heidi:

Things are definitely different this year...

The transition from summer mode, where we spent our days at the pool, hiking around the land trust, conservation trust and Laudholm, and going to the beach in the evenings, to a scheduled "school mode" was a difficult transition for everyone.

Both Jacksen and Isla are doing distance learning. Jacksen is in second grade and Isla is in kindergarten.

They have about five live Meets each day with their teachers with breaks in between to do independent work. Jacksen uses his independent time to escape to the backyard to play fetch with our dog and practice his baseball skills, he calls it his "brain break".

Isla takes some breaks to be outside, but she enjoys working in her workbooks and completing her extra assignments.

I am busy keeping track of their different daily schedules, making sure they get into their meetings on time, completing their daily assignments and making sure we all get our "brain breaks" at the end of the school day.

We hope everyone is doing well and taking care of themselves!

Love,  
The Phillips family





In other news, Henry recently got braces. And Olivia is turning 6 on October 14th.

We miss you all and continue to watch service from home.

Love the Spencer Family



### Spencer News from Kelly

Things are certainly different around here...

Henry (3rd grade) and Olivia (1st grade) are not attending school in person this semester. They are both doing 100% remote learning, which means they spend their days learning online with their teachers, then doing independent work (with my help) and all of it is done at home. It has posed many challenges; including slowing down my work productivity almost to a halt, but we continue to look at the upsides; staying safe for our extended family, getting more time together and the ability to go outside between classes! Both kids are adapting well to this new style of learning and we are reminded to take each day as it comes. We have even started lighting a candle every morning as a way of saying, "happy birthday to a new day!"



Carol Nason helped with obtaining articles and photos

## FINANCE REPORT AUGUST, 2020



The August Church on the Cape Treasurer's Report reflects the Payroll Protection Program amount of \$24,500.00, applied for in the early spring, used for payroll, has been approved as a grant to the Operating Budget at Church on The Cape, not a loan to be repaid. The income to the budget from January thru August now stands at \$197,557.86., with disbursements of \$189,715.50. This is a net increase of \$7,842.36 to the budget as of August 31st.

MISSING THIS YEAR to our budgeted income items due to Covid-19 are regular sales from the closed Cargo Shop, the annual July Ship's Cargo church fair, and loose plate offerings received during worship services. Summer visitors to Cape Porpoise have always supported the church given these opportunities. They continue to be missed.

NOT MISSING THIS YEAR to our budgeted income is the faithful pledge and loose plate support of the members and friends of the church. In addition, support to Outreach, especially as this relates to donations to local food needs, continues to be strong.

As on-line (virtual) worship continues, our offerings are presented with the singing of, "Praise God, from Whom all blessings flow". The Finance Committee at Church on the Cape remains grateful for the continuing loyal support of all the good that flows from this blessed congregation.

In Christian service,  
David Sandtorv, Treasurer  
Jim Lennon, Financial Secretary

## HABITAT FOR HUMANITY UPDATE

It has been a while since my last update. Just prior to the Covid-19 shutdown, we dedicated one home in Limerick and the family moved in March.

The second Limerick home was dedicated in August and that family moved into their home over the Labor Day weekend. Site work on the Mills Road property has just been completed. The foundations for both homes on this site will be poured and capped. Meanwhile site work will begin (soon we hope) on land in Saco donated by the town, where Habitat is partnering with Hancock Lumber to build the first of two homes on this site. The plan is to complete one home there, then return to Mills Road in the spring.

The Family Support Committee is currently searching for a family for the first Saco home. Before the Saco project became a reality, we had reserved space at the COTC for activities relating to the Mills Road build. Then Covid -19 came along and everything was shut down.

The Saco project is now moving ahead on Hancock Lumber's time table. We are very blessed to have their support given the ever-increasing price hikes and availability of product.

So going forward, how might COTC become involved? Our committee will begin the search for a family for the Mills Road home in October. We hope to be able to hold the Application Meeting in November, but where and how still depends on the status of rules relating to the pandemic. If COTC is an option by then, that would be ideal. We are also preparing a virtual presentation. In the spring, we hope to have the fundraising walk and pancake breakfast again scheduled with the church. When the Mills Road build begins we will plan to have some COTC workdays. This has been done several times in the past on Habitat builds and has been fun and very successful! Meantime we continue fundraising for both.



If you know of any families who might qualify for this home please direct them to our website

([www.habitatorkcounty.org](http://www.habitatorkcounty.org)), or to our Facebook page for information. For those who may not know where the property is located, take Rte. 9 (Mills Rd.) about one-third mile from the church. You can't miss this beautiful site donated by our friend David Doubleday.

Stay tuned for date and time for Mills Road family search in October and November.

Call me with questions.

Beth Doty  
207-967-5366

## *Pray and Paddle*

Everyone enjoyed a mindful and contemplative paddling by kayak from Nancy Viehmann's house on Cape Porpoise. Our thanks to Nancy for making this wonderful experience possible.



## **The Church on the Cape A United Methodist Church**

We of The Church on the Cape represent various religious and cultural backgrounds and life styles. We are young, old, and middle aged, single, married, widowed, divorced, parents, grandparents, and members of extended families. Above all, we are people who take risk, make mistakes, confess, repent and try again.

At the center of our community is Jesus the Christ whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community, or just passing through; we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; you are among persons like yourself.

Join us from wherever you call home. If you like what you see here, we post our sermons and worship music via our website, [www.churchonthecape.org](http://www.churchonthecape.org).

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