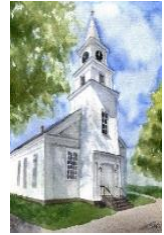




# The Church on the Cape Newsletter



## Pastor's Letter

September 2021

Dear family and friends of Church on the Cape,

Recently my son Joel and I spent a few days in Acadia and on the first day we walked on Jordan Pond Trail. It was late afternoon and cloudy with an expected shower, so there were not many people. Not too long after we started walking, I noticed that the trail was not only beautiful but also absolutely quiet. The movement of water and air made no sound and it was like watching HDTV with the volume off. The only sound we heard constantly was our own footsteps. As I was listening to our footsteps on the trail, I found that even for the two of us it's not easy to be in sync with each other. It made me realize how difficult it must be when the new soldiers learn to march in regular, ordered, and synchronized steps in military formations. It would take an intentional effort and practice to walk in sync with others who have different walking paces.

Although we are not soldiers in the military, often the same intentional effort and practice are required for us to be in ministry together. We all have different paces in thinking, and in doing, and we all need to make an effort to find the collective pace that works for all of us while we are working together in the same mission and ministry of Christ.

Summer Festival and Concert of Praise was a great example. We had the same purpose and intention, yet different ideas and paces. And we constantly made the effort to be in sync with one another naturally and peacefully. As we made the effort, we learned that there are others who want to march with us. We not only had support from the members and families of the church but also from the businesses in the community—Bradbury Brothers, Carla's, Three Sea's Fish

& Lobster, and Nonantum Resort to name a few. It made us realize that we are surrounded by the people who love the church and who trust our ministry of making a difference in the community. It generated great energy we didn't know we had. And in addition to all the wonderful outcomes, making approximately \$5k was a bonus. I give thanks to God for all of you who contributed to the event and a big thanks to the Team—Sandy Day, chairperson, Susan Baracco, Fuzzy Farnsworth, Bill Hidell, Diane Hutchins, and Liz Phillips.

After hiking for two hours, I realized what matters the most is not if our steps were in sync, but the fact that our hearts were in sync and that we were heading in the same direction. Likewise, I realized what made the event successful was the fact that we were walking together in the same direction and in the spirit of harmony. We discovered that as long as our hearts are in sync with Christ and with one another, and as long as we are walking toward the same direction, our ministry together can be fruitful and effective. This experience will serve us well as we continue to work together on behalf of Christ and for the glory of God.

Even though we are still walking in the time of uncertainty with the COVID-19, I hope you take time to pause to recognize the signs of fall and celebrate the unchanging rhythm of God's creation and faithfulness. May you be richly blessed in the month of September!

In gratitude,  
Ho-Soon

## Pray and Paddle Is Back

Come join us for a mindful and contemplative paddling by kayak launching from Nancy Viehmann's house on Cape Porpoise on September 4<sup>th</sup> at 9 a.m. During this hour and a half paddling, we will pray, practice mindfulness, enjoy the beauty, and connect deeply with God. Equipment will be provided but you are welcome to bring your own. Contact the church office for any questions or to sign up.

## Celebrating Generosity

Trustees recognized the generosity of Bruce Donath and Debby Pearce funding for the purchase of the new parsonage while the old parsonage was put on the market for sale. Their generosity enabled the church to complete the transactions. As Bob Metcalf said in tears during the worship on August 15<sup>th</sup>, "It was a blessing, and lot of appreciation from the Trustees... without it, we would have a lot of challenges to get this done."

In response to the recognition, Bruce expressed his thankfulness for the facts that they thought of doing it, they were capable of doing and thankful that they did. After sharing his concerns for affordable housing in our community and encouraging our support for Heritage Housing Trust Project and Habitat for Humanity, he said he wants to let Debby, who's in heaven, know, "Our last real estate deal came out great!"

**Special thanks to our musicians for a wonderful Concert of Praise—Ted & Wendy Hagarty, Mark Thallander, Jan Stover, Nancy Chamberlin**



## September Lectionary Readings



### September 5:

15<sup>th</sup> Sunday after Pentecost

Proverb 22:1-2, 8-9, 22-23

Psalms 125

James 2:1-10 (11-13), 14-17

Mark 7:24-37

### September 12:

16<sup>th</sup> Sunday after Pentecost

Proverb 1:20-33

Psalms 19

James 3:1-12

Mark 8:27-38

### September 19:

17<sup>th</sup> Sunday after Pentecost

Proverb 31:10-31

Psalms 1

James 3:13-4:3, 7-8a

Mark 9:30-37

### September 26:

18<sup>th</sup> Sunday after Pentecost

Esther 7:1-6, 9-10; 9:20-22

Psalms 124

James 5:13-20

Mark 9:38-50

## Special News and Dates

### ADULT BOOK STUDY

There will be a 5-week book study on "Looking for God in Messy Places: A Book about Hope" by Jake Owensby. This in-person study will begin on September 27<sup>th</sup> at 4 PM. Please sign up on the sign-up sheet outside Bartlett Hall or call the church office.

*"Life is messy. We can get discouraged by setbacks, overwhelmed by busyness, and shaken by worry. Hope is the power that gets us out of bed in the morning and gives us the courage to face adversity. "Looking for God in Messy Places" by Jake Owensby is a book about hope. How to find it. How to practice it. How to grow in it. Hope begins when we recognize that God is in this mess with us."*

### IMAGINE CELEBRATION OF YOUR LIFE

This is a one-session program to gather as a group of 5-6 people to share our thoughts on how we imagine the celebration of our life after death. It's a time to share our favorite hymns and scriptures as well as to reflect on the important events that happened in our lives and define how we want to be remembered by those who attend the celebration of our life. You may sign up to be in a group, or you can make a group of 5-6 and sign up together. Ho-Soon will schedule a session at a time convenient for the group. A sign-up sheet is available on the table outside Bartlett Hall.

### "I Believe"

I believe in sunshine;  
but I cannot clasp its ray.  
I cannot capture ocean tides;  
just watch them day by day.  
I believe in thinking;  
yet no brick can think a thought.  
I believe in loving;  
though love can't be boxed or bought.  
I believe in gifts from God ...  
diverse, yet clear ... and thus:  
I believe God's Love enfolds,  
sustains, and blesses us!

—Peggy Ferrell, *Poems and Prayers*

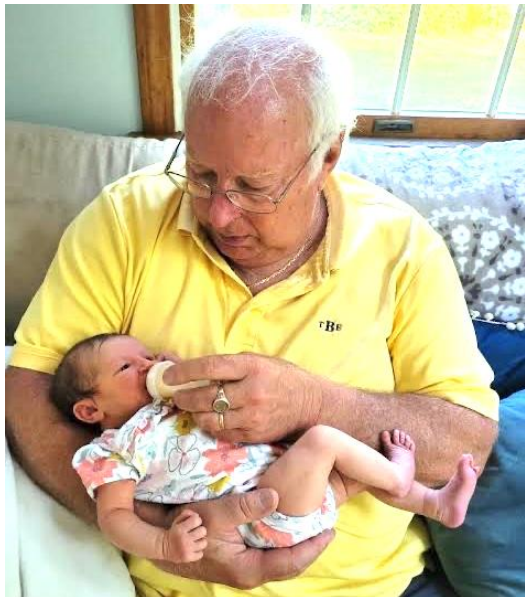


## Kick Off Sunday September 12<sup>th</sup>

Wear your favorite team shirt and join the fun for Kick Off Sunday. After 18 months of no Sunday School, we will be reopening our classrooms on the 12<sup>th</sup>. Church on the Cape will be offering two programs for young children. One program is for babies, toddlers, and young preschoolers. The second program is for older preschoolers, up through fifth grade. The second program will typically include a Bible based story and craft. The program for the younger children will offer children a safe place to play while their parents attend the worship service.

Questions? Contact Carol Nason, the Chairperson of the Education Committee at [cgnason3@gmail.com](mailto:cgnason3@gmail.com) or (207) 502-7299. We will also be starting up our fall Book Study and Bible Study programs in September. Watch for more details to sign up for these programs.

Elia Louise Ilinca Bradbury  
born July 27, 2021  
with proud grandfather, Tom Bradbury



Sunday, August 22, 2021

Dear Friends in Christ,

*As we write this note to you the timeless words from Ecclesiastes, Chapter 3 come to mind:*

*"To everything there is a season and a time for every matter under heaven."*

*Another season is opening before us. We will soon be moving to an apartment in Alexandria, VA so that we can be nearer to some family members. We will move out on October 2 and move in on October 5<sup>th</sup>.*

*We give thanks to the Lord for all of you and all the memories that we share.*

*Peace and blessings to you and those you love,*

*Ann and John Nelson*

*Our new address: 8577 Hyman Way,  
Apt. 150, Alexandria, VA 22309*

*Our phone numbers will stay the same for now:*

*603-313-9745 (Ann)*

*603-313-9746 (John)*

*Please make us a destination!*

## Evensong – An Absolute Delight!

Sunday, August 1<sup>st</sup> was a lovely summer evening, and the perfect backdrop for Evensong, a summer evening service on the lawn. Many thanks to Jan Stover for designing the service, and for her meaningful and poignant testimonial. Thanks also to Nonnie Freeman for producing and directing a marvelous skit adapted from Spencer Johnson's book *Who Moved my Cheese?* Thanks to the lively mice, Liz Phillips and Guy Freeman. Thanks to Wendy and Ted Hagarty for leading us in song in such a warm and joyful manner, to Doug Bibber for his readings and to Susie Goodwin for her singing.

Of course none of this could happen without Mike Kelly's endless contributions on the IT end of things. Thank you, Mike.

Those that attended felt it was a highlight of the summer.



More Evensong photos on the next page:





Article and Photos by Carol Nason



## Funraiser WAS Fun!

Saturday, August 21<sup>st</sup> was a beautiful late summer day in Cape Porpoise, and COTC was busy. Cargo Shop was open, the smell of grilled burgers and hotdogs wafted through the air, music was playing, and people were gathered to buy baked goods, jams, knives, knitted items, and more, and outbid each other in the silent auction. Many thanks to Sandy Day and her committee for the many hours of hard work that led up to this event.



Sandy Day at the August 22 worship service thanked our “amazing church” for the huge success of the Funraiser, silent auction, cargo shop, and concert that raised almost \$5,000. Thank you helpers, bakers and all who volunteered to make this happen for our awesome church.

Your newsletter would also like to thank Carol Nason for all the wonderful photos so that we could also witness this wonderful event.









## HISTORY HAPPENINGS!

On July 27 three members of the History and Records Committee, Beryl Samia, Ann Nelson, and David Sandtorv, and ex-officio member, Pastor Ho-Soon-Han, welcomed Heather and Tom Driscoll from Portsmouth who are restorers of stained-glass windows. (Their company's name is "Solder and Sash.") Ann gave them a tour of the church building soon after their arrival, and they began their assessment with the "Angel of Hope" window in Bartlett Hall. This window was given in 2008 by Bill and Annie Hidell. The Driscoll's said that the window is in excellent condition. They were very interested in the entire window and how its subject was enhanced by its artistry and unique construction. There were no recommendations needed.

They then entered the sanctuary and were very touched by the beauty of the windows. These windows were installed in 1908 and 1909 and are 113-114 years old. The Driscoll's inspected each window and said that they were in very good condition for their age. They found a few cracks and some grout failure, but "nothing to be concerned about." They reported that the windows will need another inspection in about 20 years. In 50 years there will be a serious need for restoration due to their condition at the time. When asked the price of such a restoration Mr. Driscoll hesitated and said that he seldom answers such questions. But he did respond that if the Ladies Guild window needed restoration today it could cost approximately \$60,000.00.

Following the sanctuary visit they went outdoors to assess the condition of the Lexan/plexiglass protective windows. These are generally in good condition with the open spaces allowing enough air through to prevent mold damage. Their condition needs to be determined on a regular basis in case of weather, or age damage. The windows once had heavy "rolled glass" protecting them. The front window on the parlor side is still covered beneath the Lexan window.

In order to keep the windows in good condition: be aware of them so that they don't deteriorate beyond repair; keep the protective glass intact and replace when needed; if possible, have a special fund for their future restoration.

The Driscoll's were very happy to have shared with us, and also enjoyed their visit to the History and Records Room and Gallery.

Submitted by Ann Nelson, Church Historian, for the Committee.

## FRAUD PROTECTION and PREVENTION WORKSHOP

The Ministry of Caring invites you to a Fraud Protection and Prevention Workshop to be held at the church on Thursday, September 16, at 3:00pm. This will be given by Mr. Lincoln Chelidona and Ms. SueEllen Goodman who are managers of the Kennebunk and Wells branches of the Peoples' United Bank, and who have volunteered to share their expertise. A woman from Church on the Cape was the victim of a computer scam in June. She will share her experience, and how it might have been prevented. She spoke to Pastor Ho-Soon who reached out to our group. This will be an open discussion and you are welcome to bring your thoughts and questions. The team will bring helpful resources.

Sincerely yours in Christ,

Shirley Bradbury and Marge Smith,  
Co-Chairpersons



## **HOMECOMING SUNDAY IS SEPTEMBER 19!**

The annual worship service and church family reunion gives us all a very special opportunity to give thanks to God as we “remember the past, celebrate the present, and inspire the future.” Each year we recognize those people who have been members for 20 years or more. This year we celebrate with Patricia “Patty” Hutchins for her 65 years!

We will also commemorate the 20th anniversary of the installation of our Rodgers Organ and the pipes that were added a year later. Beryl Samia our Organist Emerita and Chairperson of the History and Records Committee will be the presenter.

Ann Nelson and David Sandtorv will give a reflection on the meaning of their participation in the United Methodist Local Church Historians’ School.

Please plan to come to join in giving praise to God through loving worship!

Submitted by Ann Nelson, Church Historian on behalf of the History and Records Committee

### **FOR EVERYTHING A SEASON**

Wanting his sons to learn not to judge too quickly, a man sent each, in turn, on a quest to look at a pear tree far away and report what he saw. The first son went in winter, the second in spring, the third in summer and the fourth in fall. Finally, the father gathered the young men together. “What did you see?” he asked.

The first son reported seeing an ugly tree, bent and lifeless. The second disagreed, saying it was

budding with fresh new life. The third son reported finding a tree laden with sweet-smelling, beautiful blossoms, while the fourth insisted it drooped with ripe fruit.

The father said his sons were all correct, for they’d seen the same tree, though at different seasons of its life. “Don’t judge a tree — or a person — based on just one season of life,” he counseled his children. “Who they are can only be known at the end, when all life’s seasons have been lived.

“Furthermore,” he added, “don’t give up on your own life if you experience a hard season, such as winter, or you’ll miss out on the renewal of spring, the joy of summer, the fulfillment of autumn.”

### **LABORS OF LOVE**

Thomas Merton, an American monk, writer and social activist, said, “It is in the ordinary duties and labors of life that the Christian can and should develop his spiritual union with God.” As the United States observes Labor Day (Sept. 6 2021), may we find meaning not simply in marking summer’s end but in celebrating the ways nearly all “duties and labors of life” can empower ministry and faith.

Whether as a dentist, parent, artist, teacher, mechanic, gardener, city councilor, farmer, day laborer, attorney or anything else, a Christian can begin each workday or shift by praying for opportunities to serve whoever they’ll encounter. We also can pray for and seek ways to grow in “spiritual union with God”: cultivating spiritual fruits; actively loving God and neighbor; seeing Jesus in the vulnerable; practicing humility, gratitude and praise.

In Labor Day, may we find inspiration to make all our labors loving and faithful!

Source: Last two articles: Newsletternewsletter



## Helen Farnsworth and the Song Sisters

On August 22<sup>nd</sup>, Helen and the Song Sisters sang “Hold on to Me” by Daigle, Duncan, and Mabury. Ted Hagarty accompanied on the guitar, Jan Stover on the organ. **If you missed it, I highly recommend you go to the Recent Worship Services page of our website and listen to it.** By Carol Nason



Thank you, Choir and

Musicians



For the beautiful music on Sunday mornings,  
For your dedication in attending rehearsals,  
For inspiring us to lift our hearts,  
minds and voices in singing praises  
to our Lord,  
**WE THANK YOU!**

Source: Newsletternewsletter



## **Church on the Cape**

### **A United Methodist Church**

We of The Church on the Cape represent various religious and cultural backgrounds and life styles. We are young, old, and middle aged, single, married, widowed, divorced, parents, grandparents, and members of extended families. Above all, we are people who take risk, make mistakes, confess, repent and try again.

At the center of our community is Jesus the Christ whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community, or just passing through; we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; you are among persons like yourself.

Join us from wherever you call home. If you like what you see here, we post our virtual, Hymn Sing, and Sunday Worship Service on our website, [www.churchonthecape.org](http://www.churchonthecape.org).

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