

The Church on the Cape Newsletter



October 2019

Pastor's Letter

Dear family and friends of Church on the Cape:

As I said in my first sermon in July, God has poured out love and compassion upon me and my life ever since I was appointed to Church on the Cape. Every time I prayed for and thought of the church, strangely enough, I was moved to tears and my heart was filled with Christ's love and compassion. From the very beginning, I sensed that my calling is to love.

The past three months gave me the opportunities to listen to many of your stories. Often times, while listening, I was moved by the Spirit and filled with Christ's love and compassion. And I was able to discern with my heart and soul where you are coming from as you share your stories of what you believe happened. It was beyond what is right or wrong, who's to credit or who's to blame. It was beyond human judgment and criticism, human knowledge and understanding. In every conversation, I was able to recognize your love of God and love of the church deep down in your heart. I know this is not something I am capable of doing by myself. Rather this is a gift from God who called me to love and who continues to fill my heart with Christ's love and compassion. I was able to the goodness and tenderness in everyone. Even when my heart was broken and became colored by criticism and judgment from the stories, God never failed to heal and refill my heart. After those moments, I was always surrounded immediately by the beauty of nature and people that reminded of my calling. Beautiful clouds and sunset, stunning colors of the leaves, note written with sincerity, thoughtful conversations, etc. were always enough to restore me back to the place of Christ's love and compassion.

It is my hope and prayer that your heart be also filled with Christ's love and compassion. It is a challenging task to live in harmony when there are different perspectives and opinions. It is only possible when we understand one another in a deeper level and build a new perspective and appreciation toward one another. It is only possible when we let go of what may have been the obstacles in the past to the building of a constructive relationship. It is only possible when we practice God's forgiveness and accept one another with love and compassion of Christ. I believe this is what God is calling us to do as we move forward to the future. I also believe God is already pouring out Christ's love and compassion upon us. When God calls us to do something, God always provides us what is necessary.

"The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness" (Lamentations 3:22-23).

God's mercies for us are new every morning. Therefore, we who receive God's new mercies every morning are called to offer new mercies to others every morning.

May God's love and compassion fill your hearts, minds, and souls in this beautiful season of fall!

In peace, Ho-Soon



October Lectionary Readings

October 6: Seventeenth Sunday After Pentecost

World Communion Sunday
Holy Communion
Lamentations 1:1-6
Psalm 137 (UMH 852)
2 Timothy 1:1-14
Luke 17:5-10

October 13:
Eighteenth Sunday After Pentecost
Jeremiah 29:1, 4-7
Psalm 66:1-12 (UMH 790)
2 Timothy 2:8-15
Luke 17:11-19

October 20:

Nineteenth Sunday After Pentecost Laity Sunday Jeremiah 31:27-34 Psalm 119:97-104 or Psalm 19 (UMH 750) 2 Timothy 3:14:-4:5 Luke 18:1-8

October 27:

Twentieth Sunday After Pentecost Reformation Sunday Joel 2:23-32 Psalm 65 (UMH 789) 2 Timothy 4:6-8, 16-18 Luke 18:9-14



October Sermons

Oct. 6 Firepit Spirituality 1 Thessalonians 5:16-18 "When the Wind Blows"

Oct. 13 Firepit Spirituality 2 Matthew 20:1-16 "Savoring the Fire"

Oct. 20 Firepit Spirituality 3
John 14:15-17
"The Spirit in Me"

Oct. 27 Firepit Spirituality 4 Matthew 6:25-34 "Letting Go"



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Upcoming Special Events

Stewardship Sunday October 27th

THE CORE OF STEWARDSHIP IS LOVE



Annual Church Conference Tuesday, October 29th

6 p.m. SPRC meeting with District Superintendent 7 p.m. Church Conference

All members of Church on the Cape are invited to attend Annual Church Conference to celebrate the ministries of the church in 2019 and to review the status of the congregation.

All Saints Sunday Sunday, Nov. 3rd

On All Saints Sunday we will recognize and honor those who passed away since December, 2018. Please sign up and send a picture of your loved one to the office. It will be projected when s/he is honored.

"No Walls" Bible Discussion Group

We have been meeting for over 8 years on Tuesday nights in the parlor room now 5-6 PM. We explore the church's and our individual relationship with the Holy Spirit.

This is a non-traditional approach with open discussion being driven by the daily devotionals in Max Lucado's "Grace For the Moment". If you join us a copy will be given to you, free of charge.

Each of us is at a different stage in our faith journey. We learn and build on our different experiences. All of a sudden pride in our uniqueness dissolves inferiority and self-doubt. Real bonding and friendship emerge.

We believe it is time for the Christian to be less passive and to use His Holy Spirit within us to embolden small, but overt actions that serve our fellow man and our Faith. We laugh as we ponder who each of us can truly be if we set the Holy Spirit free from the walls we have erected.

Want to be happy? Serve others. We share the excitement of each week having done so. It is like "be who you were meant to be".

Ours is not a traditional academic approach to Bible study. We grab the Spirit and run with it. Just ask any one of us.

Church begins at the pulpit and ends inside you. The ultimate church is just you and Jesus. There is where religion is meant to bring us.

I dare you to start your journey with us.

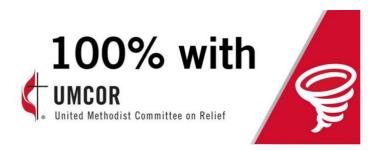
We have real fun. Godspeed Chris Bent

Group photo on following page

"No Walls" Bible Discussion Group Photo



Attending the Tuesday, September 17th meeting from left to right: Rob Olson, Bob Picone, Les Vacarro, Bill Lord, Rev. Peter Leon, Rev. Barry Wood, Bill Daley, Roy Bruton, and Chris Bent. Absent: Bill Hidell, Rev. Harold Leininger



Contributions to UMCOR (United Methodist Committee on Relief), 100% of which will be used in response to the devastating impact of Hurricane Dorian on the Bahamas earlier this month, were sent on behalf of our church and totaled \$3,020. Contributions will continue to be received and forwarded to UMCOR. Ours is a blessed and sharing congregation.

Article by Jim Lennon

A MESSAGE FROM YOUR HISTORY AND RECORDS COMMITTEE

We thank all of you who participated in worshipping the Lord on Homecoming Sunday! After the welcoming sentences, greetings, and invocation, Pastor Ho-Soon recognized the church's historian, Ann Nelson. Ann went to the pulpit, and introduced Beryl Samia, the chairperson of the committee and Marge Smith the group's new member. They presented a long stem of flowers to recognize those members who introduced themselves. The beautiful cake and special flowers were given to celebrate this day.

Partners in Crime? Not Really!

They are the leaders for Homecoming Sunday and Presentation of History Room. Thank you, Ann & Beryl!



The first member to be recognized was Harriott Eaton who has been a faithful member for 66 years. Her picture was in the bulletin; a framed picture graced the refreshment table in Bartlett Hall and now is on the bookcase in the new History and Records room.

Ann read some sentences given by Harriott's dear friend, Debbie Parsons, who represented the family for today's service.

Celebrating 66 Years of Membership

Harriett Eaton (1953—66 Years)

"Harriett is one grand lady full of love and laughter and concern for others. She still has a keen interest in what is happening around town and still makes her renowned carrot cakes for the church bake sales. We were honored to recognize her on Homecoming Sunday."



Among the guests that morning were the Reverend Mr. Leonard Zecchini and his wife, Ruth, who live in Kennebunk. The Rev. Zecchini is a nephew of the late Mr. Frances Zecchini who, by all accounts, was a very active member of the church and the community from about 1958 when the Reverend Mr. Megert was the minister. He was born near Bologna, Italy in 1888 and died in Kennebunkport in 1989. He served in World War 1; and later became a businessman. He was also an amateur artist; one of his paintings is in the Parlor of Peace and 2 others are hanging in the History and Records Room Gallery. Mr. Zecchini's picture was given to the church by his nephew. (Mr. Zecchini was the father of Mary Bryant who died last year.)

> Article by Reverend Ann Nelson and Pastor Ho-Soon

Homecoming Photos by Bill Lord



Beryl Samia, David Sandtorv, Rev. Ann Nelson, Marge Smith, and Pastor Ho-Soon



Invitation to Historical Reflection

Sunday, October 20th

10 a.m. Worship 11:15 a.m. Light Lunch 12-2 p.m. Historical Reflection

You are invited to a Historical Reflection to share your experiences mainly in the past 30 years of church history. This event will help us share our stories and listen to the stories of others. It will eventually help us close the chapters of the past and move forward with a story owned by the majority if not all, instead of each one holding his/her own version of the story.

Reflection brings out positive Historical even the church outcomes if experienced conflicts in the past. It helps the identify congregation's participants the strengths and potential problems. A good reflection on what the past tells us about who we are can lead us to a stronger and healthier future. It will also offer Ho-Soon and the newer members an opportunity to learn more about the congregation. Please sign up for light lunch and dessert items.

Behind the Scene

In preparation of DaPonte String Quartet Concert, Jim and Bill, along with Susan and Mike, worked together to give better spotlights for the performers.



Bon Appetit

Members of the congregation served at Bon Appetit, Community Meal Program in Biddeford on September 18th. Bon Appetit serves a daily dinner for those who would otherwise go hungry. Our friendly crew went around the tables with a big smile and served our neighbors their meal. Of course, there was someone who stayed in the kitchen to wash the dishes!



From left Kathy, Cecily, Ada, Jim & Pam. Missing in the picture is Larry.

David in the kitchen



Articles and photos by Pastor Ho-Soon

Larry and Cecily McNair

Born and raised in Mississippi, Larry and I are childhood sweethearts and have been married for 48 years. We attended Raymond High School, the Univ. of Mississippi (Ole Miss) and the Univ. of Southern Mississippi. We are the proud parents of a son, Mac, and a daughter, Sally Brannan, and are blessed to have four darling grandchildren.



Having retired from the MS Dept. of Education as a Bureau Director of an agency charged with overseeing teacher recruitment, retention and enhancement initiatives, I'm thoroughly enjoying full retirement; however, Larry continues to work part time from home in his career as a broker of farm ingredients. Our favorite pastime is traveling, especially when accompanied by our cats, Andy and Calvin. Yes, it's true——some cats love to ride!

Everyone asks, "What brought you to Maine?" The answer comes easily. We fell in love with this beautiful place. We have been vacationing in Maine for years, and one day we just decided to do something "wild and crazy." We put our house on the market in January of this year, sold it in 3 days, bought a condo in Kennebunk in February, and we moved in this March. Since many Mainers are "snowbirds", you can imagine the looks of astonishment we receive when we declare that we are "snow bunnies" in search of cold weather!

After settling in, our priority was to find a church (we're both lifelong Methodists). I hesitate to use the word find because we prayed that God would lead us to the right church. I often wish God would send an email so that we could clearly discern His will; however, He did something better. God sent us His presence, and we felt it the moment we set foot in the vestibule of Church on the Cape. We were so warmly welcomed, and as we took our seat, Janice quietly played "It Is Well With My Soul." Our email had been delivered.

We knew. . . we knew we were home.

Knitting with Love

The knitting group meets each Wednesday morning at about 10:30 for an hour or so of knitting and fellowship. When the weather is warm, the group gathers at St. Ann's. This group has been in existence for over five years, and is made up of members of our church family, and members in the community.

Some knit, some crochet, some quilt, some do all three! There is vast array of talents within the group. The group creates prayer shawls, hats for the troops, items for the Prelude Fair held in December at COTC, and various other projects. The prayer shawls are prayed over by the pastor and sent to specific people.

The group has been in existence for over five years, and is attended by both church and community members. New members are always welcomed. For more information on the Knitting Group contact Joan Lennon at 207 – 205 – 6572.



From left to right, first row: Janet Crandall, Susie Goodwin, Joan Lennon, and welcomed visitor.

Second row: Shelley Morin, Barbara Fuller, Carolyn Broad, and Lillian Bartlett.

Article by Carol Nason

World Communion Sunday October 6



In 1936, a group of pastors launched World-Wide Communion Day. Amid the Great

Depression, they were looking for a way to meet people's spiritual needs and unite Christians in their dedication to Christ.

The observance, now known as World Communion Sunday, is held on the first Sunday of October. For eight decades, it has served as a reminder that Christians around the globe share the same meal in remembrance of Jesus.

Source: Newsletternewsletter

MOC Celebrates the September Birthdays

Many thanks to Karen Holt Steitz for the delicious 'Yummy' cake, so named because of how yummy it smells while it is baking. Karen's mother, Betty, actually prepared this cake so that Karen could bring it to the September Ministry of Caring meeting. Evidently, there are quite a few MOC members who have September birthdays.



Photo by Helen Farnsworth. Left to right: Carol Nason, Lillian Bartlett, Lu Preble, Shirley Bradbury, and Pastor Ho - Soon Han. Article by Carol Nason

Perfect Order

By the time the summer solstice occurs, it feels as if the season has been in full swing for weeks. It's bittersweet that just when summer officially starts, the length of daylight begins decreasing. Before we're ready to let go of the season, summer marches toward fall, and then winter with the year's shortest day.

Yet that is our Creator's plan: "You have fixed all the boundaries of the earth; you have made summer and winter" (Psalm 74:17, ESV). God fashioned the world to be beautiful, good and perfectly symmetrical. With concise order, he ordained seasons, rhythms, orbits and natural boundaries. As God's beloved children, we're blessed to enjoy the intricacies and patterns of this magnificent universe.

Source: MaryAnn Sundby; Newsletternewsletter

Olivia and Henry get ready to Bring Up the Light

Each week different children Bring Up the Light. The Light symbolizes the Light of Christ; it is an honor to Bring Up the Light, and a joy for the people in the church to witness this. The older children have a chance to be acolytes and bring up the actual flame to light the alter candles. If your child has an interest in being part of either of these opportunities, please contact Carol Nason at 502 – 7299 or call the church and leave a message for Ho-Soon.



Sunday School Studies the Parable: The Farmer and the Seed

The children are exploring and discussing the parable Jesus told about the farmer and the seed. Some of the seeds fell on a footpath and were quickly eaten by birds. Some seeds fell onto rocky soil and could not take root to grow. Other seeds grew among thorns and got crowded out by the thorns. The rest of the

seeds fell on good soil and grew into big plants. The children learned that the seeds that grew in good soil are like the Word of God planted in our hearts. The Word, like a healthy seed in good soil, also grows, helping each of us to be loving and kind to others. The children planted seeds and will watch them grow, a reminder that the Word of God is growing strong in their hearts.



Above articles this page by Carol Nason

History Room signing guest book, Mr. Phillips and Jacksen



Caption and Photo by Ann Nelson

The Church on the Cape A United Methodist Church

We of The Church on the Cape represent various religious and cultural backgrounds and life styles. We are young, old, and middle aged, single, married, widowed, divorced, parents, grandparents, and members of extended families. Above all, we are people who take risk, make mistakes, confess, repent and try again.

At the center of our community is Jesus the Christ whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community, or just passing through; we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; you are among persons like yourself.

Join us from wherever you call home. If you like what you see here, we post our sermons and worship music via our website, <u>www.churchonthecape.org</u>.

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