



# The Church on the Cape Newsletter



## Pastor's Letter

August 2020

Dear family and friends of Church on the Cape; Ever since COVID 19 outbreaks, we found nothing is simple anymore. We need to stay six feet apart everywhere we go and follow many new rules. When we see people walking toward us on a sidewalk, or hiking trail, we step aside to maintain the distance. Washing hands and using sanitizer became part of us like drinking water or taking a pill. Choosing the destination for a vacation, or visiting family and friends, is not easy but a loaded decision to make. We live in a different world.

As you know, we just had the first outdoor service. Our preparation for the worship was very different under many precautions and regulations. Things that came to us naturally from having people just come to church to sitting next to each other, or from singing and laughing to using the bathroom, cannot be done the same way we used to. We needed to screen people, to take the temperature, to assign the seats, to ask to hum along. In addition, we made sure the quality of the live stream is as good as our regular virtual service in the sanctuary so both "on-site" and "online" worshipers can get the same meaningful worship experience. This is almost like learning how to prepare for and be in the worship all over again.

Some may wonder why we changed things even if it means we need to face some new challenges. It's easier for us to continue to live stream the way we have been since it offers a generally satisfying worship experience. The reason why we took the challenge is that we have recognized the aching hearts among us for not being able to gather on Sunday as a church family. Although we are mindful that not everyone with aching hearts feels comfortable

to attend in-person worship service at this time, we believed that the aching hearts can be soothed if we can organize outdoor service in a way for those who would like to worship at church to gather safely and comfortably. Reopening Team planned; first the Trustees then the Council approved. It certainly was a team effort discerning together what is best to meet the congregation's needs. It was thoughtfully and carefully done and received well.

We don't have all the answers to what the future will look like, but one thing clear is that we will continue to discern what is best for the congregation, and how we can meet the needs of the church family while keeping us all safe as best as we can. And you are an important part of this process. To this day we received 83 Questionnaires back from the church family and many of them with thoughtful feedback, and soon we will put together a report for you. And we will continue to listen to one another and work together. We are in this journey together.

Even though we are living in a different world, some things never change—the caring heart of the church family, compassion for our neighbors, passion for peace and justice, our love for God and God's love for us, which I witness every day.

May God's cooling breath be upon us to renew and refresh our beings and our lives.

In peace,  
Ho-Soon

### Special Thank You

I'd like to express my deepest gratitude for the cards, emails and other special ways you made my 1-year anniversary of ministry together truly special. Your words will always be treasured in my heart and will continue to make me want to be a better pastor. Thank you!

In gratitude, Ho-Soon

### Outdoor Service - August 30th

There will be another outdoor service on August 30<sup>th</sup> at 10 a.m. Contact the office via phone call or email to make a reservation.

### Guest Preacher on August 23<sup>rd</sup>

#### Lynn Robinson

**Lynn Robinson** is a recent newcomer to our church. She's a bestselling author and international speaker on the topic of intuition as spiritual guidance and direction. Her latest books are *Put Your Intuition to Work* and *Divine Intuition*. You can read more about her on her website [www.lynnrobinson.com](http://www.lynnrobinson.com). Her sermon is titled "How Do You Know When It's God on the Line?"

### Pastor's Vacation

Ho-Soon will be on vacation from August 10<sup>th</sup> to 23<sup>rd</sup>. In case of pastoral emergency, contact Sandy Day for an on-call pastor.

### Photos from Our First Outdoor Service, July 27, 2020



# August Lectionary Readings



## August 2:

*Ninth Sunday after Pentecost*

Genesis 32:22-31

Psalms 17:1-7, 15

Romans 9:1-5

Matthew 14:13-21

## August 9:

*Tenth Sunday after Pentecost*

Genesis 37:1-4, 12-28

Psalms 105:1-6, 16-22, 45b

Romans 10:5-15

Matthew 14:22-33

## August 16:

*Eleventh Sunday after Pentecost*

Genesis 45:1-15

Psalms 133

Romans 11:1-2a, 29-32

Matthew 15: (10-20), 21-28

## August 23:

*Twelfth Sunday after Pentecost*

Exodus 1:8-2:10

Psalms 124

Romans 12:1-8

Matthew 16:13-20

## August 30:

Exodus 3:1-15

Psalms 105:1-6, 23-26, 45b

Romans 12:9-21

Matthew 16:21-28

## Special Notes

### SUNDAY ZOOM COFFEE HOUR

Remember there is a Zoom Virtual Coffee Hour every Sunday following worship. It is a great place to visit with some of our congregation whom you have not seen in a while and to chat

and catch up. Each week we have a Mug Club contest and vote for a winner who will receive a prize. Find your favorite mug, Zoom in on Sunday after worship, relax, chat with friends, and vote on the favorite mug for the week. So far Alice has won with a mug from Poland given to her by her granddaughter and Roy has also won with a mug showing the U.S. Navy symbol, an American flag and his name on it. What special mug do you have to show? You can access the coffee hour directly from the church website. See you Sunday!

### WEEKLY "PICNIC THURSDAY"

You are invited to a weekly "Picnic Thursday" at Church on the Cape. We'll gather on the lawn every Thursday at noon throughout the summer. Bring your own lunch, blanket and/or beach chair and join in the fellowship and fun. There is space for 15 picnickers each week. To reserve your spot, please call or text Wendy Emmons at 207-710-3069.

Next Sunday, August 2, our special music will be provided by Liz Phillips singing a solo, "In the Calm."

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# HAPPY ANNIVERSARY

Dear Pastor Ho-Soon:

On behalf of the History and Records Committee of the Church on the Cape, I would like to congratulate you on the anniversary of your first year here with us.

Your dedication, love and devotion to the church, its parishioners and our community are so appreciated. Your commitment to get to know each and every one of us, along with your willingness to listen to our ideas and concerns, has been so appreciated.

The last four months of your first year have been unusual and trying to say the least! Your efforts to guide us through these turbulent Covid-19 times have been unwavering! Being able to listen to your sermons on Sundays has helped us all navigate through these difficult times. Along with the entire world, our church community has faced many challenges during these trying times.

Your first year here has certainly not been easy, but we are grateful that you are at the helm.

We thank you for your guidance, love of God, words of wisdom and commitment to us all. We are grateful

every day to open the bulletin on Sunday and have you listed as our minister.

Sincerely and God Bless You,  
Stedman Seavey, Secretary, History and Records Committee.

## Many Thanks to All of You

To my dear friends at Church on the Cape,

May and June have been busy months. As most of you know, I was hit by an out-of-state auto, as I turned into our driveway on May 9th. X-rays and tests revealed a fractured sternum. I am recovering slowly, due to post-concussion syndrome. Everything is taking more time.

Many thanks to all of you who sent get well wishes and also wished me a happy birthday. I want you all to know how much I cherish my friends at Church on the Cape. God bless you all.



Janet

## *Music Sunday, August 16th*



Music Sunday on August 16 at 10:00 AM is on the theme "Prayer & Praise." In a 45-minute service that will be different from our traditional liturgy, we will be reminded of the power and purpose of prayer. There will not be the regular 9:45 AM hymn sing that morning.

You will see and hear a combination of live and recorded prayers and music, all by members of our congregation. Look forward to hearing the Choir, Trinity Trio, Song Sisters and Sydney Dumas, in some of their most inspiring songs; as well as Liz Phillips and Susie Goodwin, singing live, and Nancy Chamberlin and Janice Stover playing live that morning.

If you haven't followed the online services lately, you will be guided by the article that immediately follows, and on the church website at [churchonthecape.org](http://churchonthecape.org) as to how to do that. Also, if you miss the regular broadcast, you can view the entire Music Sunday Worship Service by logging onto the church website, and clicking on the circled directional arrow (after a short lag for posting it on the church website) any time you choose to watch it after the 8/16 service.

Also, it's a great idea to print out the bulletin a day or so before the service: then you will be ready to follow along. There will be a couple opportunities for you to sing from wherever you are.

**Join us! Tell your friends and family about this wonderful opportunity to worship together in the Spirit while we are apart.**

**Article by Jan Stover**

### **CHURCH TECHNOLOGY TALES**

By now, many of you are attending our weekly live stream hymn sing and worship services. (We went live for the first time on March 29<sup>th</sup>!) We are grateful to those who shared

feedback in the recent mail-in survey, and through your calls and emails.

Every week we learn something new about technology and the best way to provide our church family with a sense of connection to each other and to Christ.

Christ is and always will be at the center of what we do with His gift of technology. Each month, the Communication Team will provide you with helpful insights to improve your at-home worship experience.

### **August Tech Tale: Where to watch our weekly service**

You have two options for watching our weekly hymn sing and worship service:

#### **Church website**

Worship is easy to watch on our website with one-click access. Simply go to [churchonthecape.org](http://churchonthecape.org) and click the tan colored button "Watch Online Worship." You will be taken to the live stream page. You may need to scroll down a bit to see the screen on that page. Once the live stream begins, the screen automatically displays the event. (Every computer is a bit different so you may need to refresh the page to start the video).

The lyrics for the hymn sing and the bulletin are posted on this page each week. If you miss the live service, the recording will be available on the home page for the following week.

#### **Facebook**

If you have a Facebook account, simply type [churchonthecape](http://churchonthecape.org) in the search box. Click on the link to the church Facebook page and scroll down until you see the most recent post. Once the live stream begins it will appear as the newest post. Be sure to follow the church on Facebook to find us easily each week and to receive notices about upcoming events.

Need help? Have questions? Please call the church office and leave a message with Sue or send an email to: [webmaster@churchonthecape.org](mailto:webmaster@churchonthecape.org).

**Article by Susan Baracco**

# Weekly Picnics

## Enjoyed by All

Many thanks to Wendy Emmons for spearheading the outdoor picnics. These happen weekly at COTC from 12 - 1 on Thursdays. Call or text Wendy (207 - 710 - 3069) to reserve a spot.

Attendance is limited to 15. Flags are spaced so that each person can enjoy the picnic with social distancing. Each person brings their picnic lunch, a chair, and a desire for a visit with their church family. July 1<sup>st</sup> marked Ho-Soon's one-year anniversary with COTC, so part of the picnic on July 2<sup>nd</sup> was a celebration of her one - year anniversary.

## Puzzle Question for Each of You

**Can you identify the people?  
behind the masks?**

There are a total of fifteen photos that are numbered 1 through 15. Please identify **each** of the photo participants by number and name. Return your responses by email to [cgnason3@gmail.com](mailto:cgnason3@gmail.com).

The first person to score a 100 will have a loaf of homemade lemon blueberry bread delivered to their home.

This game is restricted to those who did NOT attend the picnic on July 2<sup>nd</sup>. I know who was there!

By Carol Nason

1.



2.



3.





4.



7.



5.



8.



6.



9.



10.



13.



11.



14.



12.



15.





*God, Please Bless Them!*

*Angels from Heaven Sent to Help*

*US Overcome Covid-19*

Ann and John Nelson's grandson, Dan Nelson, along with two of his colleagues helps those with Covid-19 as described by his mother, Diana.

Hi Ann, Dan works as a nurse at a skilled nursing facility in Northern Virginia and attached is a photo of Dan in his PPE. He was one of 5 nurses at the facility who was working with Covid positive patients for the month of April. Now, all nurses and CNAs work with Covid positive patients because the numbers of positive cases escalated over time. For safety measures, the health care professionals wear double-layer isolation gowns, masks and a face shield, as well as double gloves. Visitation was stopped in early March, which is a particular hardship for the patients who now don't have direct contact with their family and loved ones. The patients and entire staff, from kitchen staff, van drivers, administrative staff to the health care professionals, are potentially exposed to Covid and appreciate your prayers.

Thank you.

Love, Diana



## Finance Committee Update

Here we are at the start of the second half of the year. It doesn't seem possible. The following information is for the first half of the year, January 1 - June 30. As I have said over the last few months, we begin to look closer at the monthly numbers once we get into July and further into the year. Typically, any gap between income to the operating budget narrows as we move through the second half of the year, and we end up meeting our expenditures. It is uncertain at this time how great of an impact there will be on our finances with the Cargo Shop closed and the usual fairs not being held this year.

We again recognize the faithfulness of each of you in your generous giving to COTC. We know that God will bring all of us through this challenging time. Thank you, all, for your continued support.

Doug Coleman, Chairman

## Amaryllis

Early one spring, I planted a couple of dozen amaryllis bulbs. With great anticipation, I watched for blooms. But weeks turned into months before the first sign of life appeared. By the end of summer, the bed of pink flowers I'd envisioned was nothing more than a scattering of green leaves.

So I pulled them all up to make room for other plants. I wasn't about to waste another growing season.

Imagine my surprise the following spring, when a single delicate amaryllis blossom appeared. My delight quickly turned to dismay — for I realized I'd given up too soon. Had I the least bit of patience or a little faith, I might have had a glorious garden.

Then I wondered: Are there other things or people I give up on too soon? What might a little patience and faith do for a difficult relationship or troublesome circumstances?

—Kari Myers (adapted from Homiletics)

# The Keith McClelland Community Music Foundation Presents *Midsummer Keyboard Concert Streamed Live on the Internet*



## Performers:

Mark Thallander, former organist at The Crystal Cathedral in Garden Grove, California, will lead a Midsummer Keyboard Concert at The Church on the Cape in Cape Porpoise, Maine, **on Sunday, August 9<sup>th</sup> at 7 p.m.**

Mark Thallander is a free-lance organist, composer, arranger and author. His triumph over a horrific auto accident is an inspiring story for all to see and hear.

Joining him will be exceptional pianist Mark Rossnagel of Portland. He is one of Portland's premier pianists having received his Master's degree in Piano Performance from the University of Southern Maine.

Completing the trio of keyboard artists will be Janice Stover, outstanding organist and choir director at the church. She attended Wheaton College in Wheaton, IL, and Gordon College in Wenham, MA, graduating with a BMus degree in organ performance.

**Do join us for this musical breath of fresh air. Because of Covid-19 precautions, the Concert will be streamed live on the Internet on Sunday, August 9<sup>th</sup> at 7 p.m., and can only be seen at [churchonthecape.org](http://churchonthecape.org) and [facebook.com/churchonthecape](https://www.facebook.com/churchonthecape).**

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# Midsummer Keyboard Concert

Mark Thallander, organist - Mark Rossnagel, pianist  
Jan Stover, organist & pianist

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A Live Internet-Only Concert from  
The Church on the Cape, Cape Porpoise, ME  
Sunday, August 9, 2020, 7 pm

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View us live at [churchonthecape.org](https://churchonthecape.org) or [facebook.com/churchonthecape](https://facebook.com/churchonthecape)  
Presented by: McClelland Community Music Foundation & Mark Thallander Foundation

## **The Church on the Cape A United Methodist Church**

We of The Church on the Cape represent various religious and cultural backgrounds and life styles. We are young, old, and middle aged, single, married, widowed, divorced, parents, grandparents, and members of extended families. Above all, we are people who take risk, make mistakes, confess, repent and try again.

At the center of our community is Jesus the Christ whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community, or just passing through; we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; you are among persons like yourself.

Join us from wherever you call home. If you like what you see here, we post our sermons and worship music via our website, [www.churchonthecape.org](http://www.churchonthecape.org).

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